

you  
deserve the  
best....

**best**

beauty - essentials & skin - treatments

**therapy**

## BEST SKIN CARE TREATMENTS - DERMALOGICA

An in-depth face mapping consultation is provided to you before each skincare treatment to ascertain the most suitable therapy for your individual requirements, giving maximum benefits to your skin.

Our therapeutic facials, designed to cleanse, nourish and replenish your skin, are customized to meet your individual needs. Once the most suitable treatment has been established, your facial is carried out using the finest Dermalogica natural products along with steam towels and the beneficial effects of steam. Effectively targeting specific concerns and helping to rejuvenate and restore optimum skin health.

### COMPLIMENTARY SKIN DIAGNOSIS

Available if you would like to know more about which Dermalogica products are best suited to your skin. Includes face map prescription and prescribed samples to try.

### THE DERMALOGICA SIGNATURE TREATMENT

£32.50

This treatment is truly revolutionary because it is customized at every step by your therapist based on your skin analysis. The treatment will be unique to each individual client by using unique botanical mixers to provide additional benefits to your skin.

### POWER REGENERATION TREATMENT

£45.00

Concerned about the signs of aging on your skin?  
Feel like your skin needs a revitalizing power boost?  
Then this is the treatment for you!

Combined vitamin and hydroxyacids exfoliation, energizing massage techniques that release tension in the facial muscles and a specialised contour masque, make this the ultimate in skin therapy for prematurely-ageing, dry, devitalized skin! Your skin will be noticeably firmer, smoother and revived to give a WOW result!

### ENVIROMENTAL CONTROL TREATMENT

£38.00

If your skin is looking red, inflamed or feeling itchy, then this is the treatment for you!

Our super-soothing cleansing will remove impurities from your skin, followed by a calming oatmeal masque that will instantly calm redness and reduce inflammation.

### SKIN BRIGHTENING TREATMENT

£36.00

Help stop your uneven pigmentation at its cause. This treatment when combined with proper home care actually regulates pigment production on a cellular level helping to balance the complexion.

FOR BEST RESULTS WE RECOMMEND A COURSE OF THE SKIN BRIGHTENING TREATMENTS.

### MEDICATED CLEARING TREATMENT

£35.00

Breakouts have finally met their match. Our medicated clearing treatment will focus on purifying your skin with deep cleansing, followed by extractions.

### HYDROXYACID EXFOLIATING TREATMENT

£35.00

Do you want rid of your dull, marked skin?  
This facial helps to smooth acne prone, scarred and sun damaged skins. The skin exfoliant system will give remarkable results in just one treatment with its blend of hydroxyacids, vitamins and enzymes.

COURSES ARE AVAILABLE WITH A SAVING ON ALL SKIN CARE TREATMENTS.

## BEST FOR MEN

While best therapy treatments and Dermalogica products are designed for both men and women, men's skin does have special concerns. We have taken factors such as shaving habits into account to help prevent ingrown hairs and other skin problems unique to men.

### MEN'S SKIN CARE TREATMENT £32.50

We'll start your treatment with a deep cleansing, followed by a smoothing exfoliation and extractions. We'll also help release tension with a hand, foot or shoulder massage while your skin re-hydrates with a customized treatment masque.

### PURIFYING BACK TREATMENT £35.00

Take a load off with our super-smoothing back treatment designed to rid your muscles of stress and your skin of impurities. A deep-cleansing scrub is followed by extractions and then an aromatherapy massage designed for your back's most stressed out parts.

### FILE, BUFF AND STRENGTHENER £10.00

CHEST WAX -	£15.00
BACK WAX -	£15.00
EYE BROW TIDY -	£7.00

### MEN'S PACKAGE £80.00

For men who want their skin to feel fresh, clean and smooth. A back massage will soothe tired muscles and increase circulation. The sea salt scrub will clean off dead skin, leaving it smooth and fresh. Our signature facial will leave you looking fantastic. To round off, a mini manicure will have your hands and nails groomed and a mini pedicure to soothe those aching feet.

OTHER TREATMENTS ON THE MENU ARE SUITABLE FOR MALE CLIENTS, PLEASE ASK FOR RECOMMENDATIONS.

## BEST MASSAGE

### SWEDISH/DEEP TISSUE

1/2hr	£20.00	3/4hr	£28.00
1hr	£35.00	1 1/2hr	£46.00

## AROMATHERAPY

1/2hr	£25.00	1hr	£40.00
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## BEST WAXING

For more sensitive areas BEST therapy can offer hot wax especially formulated for Brazilians and under arms.

Half Leg	£15.00	Upper Lip and chin	£10.00
¾ leg	£18.00	½ leg and Bikini	£20.00
Full Leg	£22.00	½ Leg, Bik and underarm	£25.00
Bikini Line	£9.00	Full leg and Bikini	£28.00
Brazilian	£16.00	Full Leg, Bik and Underarm	£33.00
½ leg and Brazilian	£26.00	Full Leg and Brazilian	£32.00
Underarm	£9.00	Forearm	£12.00
Back	£15.00	Chest	£15.00
Hot Wax bikini	£13.00	Hot Wax Brazilian	£18.00
Hot Wax underarm	£13.00	Eyebrow Shape	£7.00
Upper Lip/Chin	£6.00	Hot Wax Upper Lip	£10.00

## BEST EYE TREATMENTS

Eyelash Dye	£10.00	Eyebrow Dye	£6.00
Eyelash & brow dye	£13.00	Eyebrow Shape	£7.00
Eyelash Perm	£25.00	Eyelash perm and Dye	£30.00

## BEST ELECTROLYSIS

Best therapy has more than eleven years experience in electrolysis and offers a FREE consultation in private surroundings. Please call for further advice.

10mins	£10.00	20mins	£15.00
30mins	£18.00	45mins	£25.00
60mins	£30.00		

Courses can be tailor made which gives a substantial saving.

## BEST NAIL TREATMENTS

### Using OPI and Dermalogica products

File and Polish	1/2hr	£10.00
French File and Polish	1/2hr	£12.00
Manicure	3/4hr	£15.00
French Manicure	1hr	£18.00
Luxury Manicure with Paraffin Wax	1 1/4hr	£25.00

Pedicure	1hr	£20.00
French File and Polish	1/2hr	£12.00
French Pedicure	1 1/4hr	£23.00
Luxury Pedicure with Paraffin Wax	1 1/2 hr	£28.00

OTHER NAIL TREATMENTS IN THE PAMPER SECTION

## BEST BODY TREATMENTS

### THE BODY TREATMENT £45.00

Get ready to take on the world again with our revitalizing and energizing body treatment that features Body Mapping. We start with a exfoliation to remove dulling skin cells then move onto a customized mud or gel pack to hydrate or detoxify the skin To wrap it all up, you will receive a deeply relaxing Acupressure Scalp massage. Mind and Body will fell relaxed, regenerated and revived!

### EXFOLIATING BODY SCRUB £20.00

Smooth away dulling surface debris while restoring vital nutrients to tired skin.

### BODY HYDRO-THERAPY PACK WRAP £22.00

An Ultra-soothing, hydrating treatment personalized with aromatherapy oils. A natural Aloe-based pack is swaddled in a thermal wrap to infuse the skin with moisture.

## BEST FOR SELF TAN

### ST. TROPEZ FULL BODY TAN £38.00

### SUSAN MOLYNEUX NATURAL CREAM TAN

Full Body	£30.00	1/2 Body Tan	£15.00
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## BEST PAMPER TREATMENTS AND PACKAGES

BEST therapy invite men and women to experience our relaxing and revitalizing treatments.

IDEAL FOR THAT EXTRA SPECIAL TREAT. WE CAN ALSO ORGANISE FLOWERS, BALLOONS, CAKE, CHOCOLATES AND EVEN CHAMPAGNE.

### REVITALIZING BACK TREATMENT

£35.00

Pamper your most neglected area with a deep cleanse, steam, exfoliation, massage and a revitalizing masque.

### MULTIVITAMIN HAND AND FOOT TREATMENT

£58.00

This service gives your hands and feet the latest in Retinol-based vitamin repair, plus the deep moisturizing benefits of a soothing paraffin wax bath. Instant hydration and repair for dry, chapped or prematurely-ageing hands and feet. Finish with a polish of your choice.

### THE TOTAL BODY TREATMENT

£100.00

This body rejuvenating package commences with a 1 hour body massage to relax the muscles and soothe tension. We will then cleanse and smooth the skin with a sea salt scrub and infuse nutrients with our hydro therapy body wrap. To finish, we will provide our signature facial making your skin feel clean, refreshed and radiant.

### THE INDULGENCE

£105.00

Our Indulgence package will have you slipping into relaxation mode with a 1 hour body massage followed by our signature facial. Our therapist will then provide a deluxe pedicure and manicure. Your often neglected hands and feet will feel and look fantastic.

### RELAX

£62.00

The relax package is for those in need of some "time out." Commencing with a 30 minute massage to take away tension and improve circulation. Our signature facial will further relax you whilst using products to maximize the results. A mini manicure and mini pedicure will have you looking and feeling good from head to toe.

### WEDDING

We can cater for your special day in the comfort of your own home or in our premises. The package is entirely bespoke and can include the bridesmaids, flowergirls or the mother of the bride. We can bring champagne, chocolates or even strawberries. Make this important day even more special. Start as you mean to continue.

## BEST LOYALTIES

We like to reward our regular clients and at each visit you will be given points on our loyalty card. Your loyalty points can be used for future treatments or the purchase of your favourite products. Please enquire at the salon for further information.

## GIFT VOUCHERS

We offer gift vouchers in various formats. Perfect as a present to pamper your friends or family. Gift vouchers are valid for 1 year and can be used for products or treatments.

## CANCELLATIONS

Please give a minimum of 24hrs notice for cancellations or a full payment may be required. A deposit may be required when booking appointments.

## 25% off your first visit

To welcome you to BEST therapy, we would like to offer you a discount of 25% to the price of your first visit. You will find us professional, friendly and comforting. We take great pride in treating you as we would like to be treated ourselves. With over 11 year's experience, you can be sure of the finest care and attention. Many of our clients have been with us from the beginning. No treatment is too small or too large. We treat each client with the same standards yet with individual consideration, you are unique after all.

Feel free to call us before making an appointment, beauty care and treatments are personal, we're only too happy to discuss your needs prior to you visiting us.

VISIT OUR WEBSITE FOR MORE INFORMATION

[www.BestTherapy.co.uk](http://www.BestTherapy.co.uk)

Your treatments success consists of 3 different elements. The personality of your therapist, the quality of the treatment and the products. It is essential that all 3 are of the highest quality. We have tried and tested many products over the years and only use the finest range of products, products that we believe in, products that we use ourselves.

**O.P.I** **dermalogica**<sup>®</sup>

YOU CAN NOW PURCHASE OUR PRODUCTS ONLINE AT A REDUCED PRICE

[www.BestTherapyProducts.co.uk](http://www.BestTherapyProducts.co.uk)

We are members of BABTAC (The British Association of Beauty Therapy & Cosmetology) the premier association for beauticians and therapists, widely recognised as one of the longest standing and most influential bodies within the industry. The BABTAC badge is the sign of confidence and you can be assured that your therapist is a qualified professional committed to excellence and continued development.



**17 St. Johns Crescent, Edinburgh, EH12 6NX**  
**0131 510 1001**